



The Masters Speed Skating Union of Russia (MSSUR) hereby takes the pleasure to invite you to take part in the international speed skating competition

**4<sup>th</sup> Masters' International Speed Skating  
RUSSIAN ALLROUND CHAMPIONSHIPS 2010  
Kolomna/Moscow Region  
New: 26 – 27 March 2010  
(Not 27 – 28 March 2010)**

The competition is to be held in accordance with the following conditions of contest, the Regulations of the IMSSC and of the ISU at the covered 400m standard speed skating track of Kolomna/Moscow Region (ice-hall) on artificial ice. This competition is a regular event on the International Masters' ISU-Calendar.

**Organizer:**

The Masters Speed Skating Union of Russia (MSSUR) in cooperation with the Administration of the Icehall Kolomna.

**Leader:**

Vladimir Tkachenko

**1. Competitions:**

**Ladies, age groups 30 – 65 (Masters) and age groups 20 and 25 (Seniors):**  
500 m, 1.500 m / 1.000 m, 3.000 m

**Ladies, age groups 70 and higher (Masters):**

500 m, 1.000 m / 1.500 m

**Men, age groups 30 – 65 (Masters) and age groups 20 and 25 (Seniors):**

500 m, 3.000 m / 1.500 m, 5.000 m

**Men age groups 70 and higher (Masters):**

500 m, 1.500 m / 1.000 m, 3.000 m

Four respectively three distances combinations.

No restrictions of the number of participants in the longest distances 3000 m and 5000 m (fourth distances).

**2. Age-groups:**

The competitions take place in five year age groups as follows.

AG = five year age group ladies and men as high as necessary;

no members of national selections/national teams allowed.

\* = Senior age groups

AG	born	AG	born
20*	1.7.85 - 30.6.90	55	1.7.50 - 30.6.55
25*	1.7.80 - 30.6.85	60	1.7.45 - 30.6.50
30	1.7.75 - 30.6.80	65	1.7.40 - 30.6.45
35	1.7.70 - 30.6.75	70	1.7.35 - 30.6.40
40	1.7.65 - 30.6.70	75	1.7.30 - 30.6.35
45	1.7.60 - 30.6.65	80	1.7.25 - 30.6.30
50	1.7.55 - 30.6.60	85	1.7.20 - 30.6.25 etc.

**You will not get a confirmation of your participation, but you can find in the webpage [www.veteranes.ru](http://www.veteranes.ru) a list of the accepted participants, which will be actualized from time to time.**

**3. Schedule:**

**3.1. Training**

See informations in the icehall.

**3.3. Payment entrance fee**

**New: Thursday, March 25<sup>th</sup> 2010** (not Friday, March 26<sup>th</sup> 2010), 3.00 pm to 5.30 pm at the information desk in the entrance hall of the icehall.

**3.4. Drawing**

**New: Thursday, March 25<sup>th</sup> 2010** (not Friday, March 26<sup>th</sup> 2010), 6.00 pm in the icehall building.

**3.5 Welcome Reception**

**New: Thursday, March 25<sup>th</sup> 2010** (not Friday, March 26<sup>th</sup> 2010), 7.30 pm. There will be an information about the place in the entrance hall of the icestadium. Tickets for 15 EUR per person (not included in the entrance fee) available at the information desk in the entrance hall of the icehall.

**3.6. Competition starts**

**New: Friday, March 26<sup>th</sup> 2010** (not Saturday, March 27<sup>th</sup> 2010), 12.00 am

**New: Saturday, March 27<sup>th</sup> 2010** (not Sunday, March 28<sup>th</sup> 2010), 10.00 am

### **3.7. Price giving ceremony**

**New: Saturday, March 27<sup>th</sup> 2010 (not Sunday, March 28<sup>th</sup> 2010)** following the competitions.

**Changes will be making if necessary!**

### **4. Eligibility:**

To be eligible the skater must be member of a national speed skating federation recognized by the I.S.U. and must have a license of this association.

### **5. Drawing / Classification:**

Neighbourhood 5 year age groups with small numbers of participants may be put together for drawing and speed skating in the competition. The classification however will be separately in 5 year age groups independent of the number of participants. The winner of a four distance competition in a five year age group is the skater who has completed successfully all distances and has obtained the lowest total of points.

### **6. Prizes:**

All skaters obtain a document and a protocol (containing also starting times, lap times and accumulated lap times). The winners of every age group obtain a medal and a cup or a Russian souvenir, the second and the third medals.

### **7. Doping control:**

Doping test may be made in accordance with I.S.U. Rule 139.

### **8. Entries:**

**Entries must be made of the competitors by submitting the Electronic Entry Form on the Website [www.imssg.org](http://www.imssg.org) , filled in with all data asked.**

**You can find the Electronic Entry Form at once by clicking on this link:**

**[www.imssc.org/09-eef-RusCh.html](http://www.imssc.org/09-eef-RusCh.html)**

**If you fill it out and send it off by clicking on “Submit” you will get the confirmation of the arrival of your entry at the organizer by email.**

**The Entries are expected until Sunday, 28<sup>th</sup> February 2010 at the latest.**

### **9. Entrance Fee:**

Entrance fee will be 24,00 EUR per person (includes EUR 8,00 fee for the costs of the International Masters' Speed Skating Committee). The entrance fee has to be paid before drawing. Announced skaters arriving after drawing and having confirmed their participation by fax in due time (12 hours before drawing at the latest) have to pay their entrance fee until three hours before the announced starting time of the competition at the first competition day.

### **10. Liability:**

In Accordance with ISU Rule 119, the ISU, the IMSSC and the Organizer assume no responsibility for or liability with respect to bodily or personal injury or property damage incurred

with connection with the 4<sup>th</sup> Masters' International Russian Speed Skating Allround Championships 2010. Each skater or accompanying person is solely responsible for providing insurance coverage thereto.

## **11. Accommodation:**

Hotel "Kolomna" and Hotel "Sovetskaya" within walking distance (15 min), also to reach by tramway (3 – 4 stations).

### **11.1 Hotel Kolomna (former prices from 2009)**

Hotel has three categories: **Luxury Suits, Standard and Economy.**

To your safety all rooms are equipped with electronic locks.

Hotel with breakfast and restaurant.

#### **Standard** (Mini bar, TV)

Single room 2800 RUB = 75,60 RUB (1,00 EUR = 37,00 RUB).

Double room 3200 RUB = 86,40 EUR

Standard for 100 persons.

### **11.2 Hotel Sovetskaya (former prices from 2009)**

5 min from Hotel Kolomna, without breakfast, room with TV and refrigerator

#### **Luxe**

double rooms 3800 RUB or 3300 RUB

single rooms 2600 RUB

#### **Standard**

Single room 1159 RUB = 31,00 EUR

Double room 1800 RUB = 48,60 EUR

Room for 5 persons 2750 RUB = 74,30 EUR

Room for 3 persons 2400 RUB = 64,80 EUR

## **12. Visa**

We suggest you to get Russian visa through your local travel-bureau, please.

## **13. Contact**

For accommodation, informations and further help please contact IMSSC Member RUS:

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Email (New): [vladimir-skating@yandex.ru](mailto:vladimir-skating@yandex.ru) (not [anumat1@yahoo.com](mailto:anumat1@yahoo.com))

Kolomna, September 2009

Vladimir Tkachenko

Head of the Organisation Committee